

## COMMUNICATION SKILLS IN BREAST CANCER

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**EUSOMA EDUCATIONALPROJECT FOR BREASTCANCER SPECIALISTS** 



#### **Communication skills in Breast Cancer**

The Eusoma 2020 Breast Centre requirements stated "Healthcare Professionals who deal with cancer patients and their families are recommended to have training in and knowledge about communication skills".

Communications skills have to be an essential part of the training of Health Professionals dealing with breast cancer, as good communications skills can bring benefits both to patients' satisfaction and wellbeing of specialists.

This first Eusoma educational programme aims at helping Health Professionals to improve their communications methods and the interaction with the patients in the main steps of the patient pathway within the Breast Centre

#### TYPE OF SESSIONS:

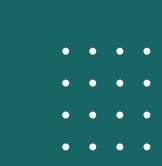
STANDARD PRESENTATION: expert presentation on a specific topic

ROLE PLAYING: simulation of a patient-doctor conversation followed by psyco-oncologist comment

PATIENT STORY: patient experience on a specific topic

ROUND TABLE: open discussion among experts





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#### **GENERAL ASPECTS**

Standard presentation	M. Die Trill
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Standard presentation	G. Pravettoni
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#### DIAGNOSIS

Communication methods, tools and new technologies	Standard presentation	E. Andritsch
Breast density-based risk stratification: a) Increased risk of breast cancer b) Increased risk of delayed diagnosis	Standard presentation	F. Sardanelli
Need of additional imaging (ultrasound, DBT, MRI, CEM) ± core needle biopsy in the screening or clinical scenario	Standard presentation	F. Sardanelli
Result of needle biopsy	Standard presentation	F. Sardanelli
Communicating with the patient:		
a) B3 lesion (the uncertainty dilemma) Psyco-oncologist comment	Role playing	F. Sardanelli E. Andritsch
b) Cancer: DCIS Psyco-oncologist comment	Role playing	F. Sardanelli E. Andritsch
c) Cancer: invasive Psyco-oncologist comment	Role playing	F. Sardanelli E. Andritsch

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#### SURGERY

Communication methods, tools and new technologies	Standard presentation	M. Die Trill
Diagnosis and surgical options	Standard presentation	l. Rubio
Diagnosis and surgical options a) Benign Psyco-oncologist comment	Role playing	l. Rubio M. Die Trill
b) B3 with/without atypia (the uncertainty dilemma) Psyco-oncologist comment	Role playing	l. Rubio M. Die Trill
c) Cancer Psyco-oncologist comment	Role playing	l. Rubio M. Die Trill
De-escalation surgical treatments	Standard presentation	l. Rubio
Risk of loco-regional recurrence	Standard presentation	l. Rubio



### MEDICAL ONCOLOGY AND END OF LIFE

Communication methods, tools and new technologies	Standard presentation	G. Pravettoni
About early breast cancer treatment	Standard presentation	C. Criscitiello
Early breast cancer	Role playing	B. Taurelli Salimbeni P. Zagami
Psyco-oncologist comment		G. Pravettoni
Precision medicine and genomic testing	Standard presentation	D. Trapani
Metastatic disease and further treatments	Standard presentation	C. Criscitiello
Metastatic disease	Role playing	B. Taurelli Salimbeni P. Zagami
Psyco-oncologist comment		G. Pravettoni
Disease progression	Standard presentation	D. Trapani
End of life stage	Round table	G. Curigliano G. Pravettoni V. Guardamagna
What to expect after the end of treatment (how to expect to feel both emotionally and physically)	Standard presentation	D. Trapani G. Pravettoni
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#### **RADIATION ONCOLOGY**

Communication methods, tools and new technologies	Standard presentation	E. Andritsch
Side effects of radiation therapy	Standard presentation	C. Aristei
Breast irradiation and organs at risk	Standard presentation	C. Aristei
Breast irradiation and organs at risk	Role playing	C. Aristei
Psyco-oncologist comment		E. Andritsch
PATIENT STORY		
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#### **BREAST CANCER NURSE**

Communication methods, tools and new technologies	Standard presentation	G. Pravettoni
How to support patient receiving communication of breast cancer	Standard presentation	L. Mazzega Sbovata
How to cope with distress: the role of the nurse	Standard presentation	E. Andritsch
How to cope with distress	Role playing	F. Hoving-Porte
Psyco-oncologist comment		E. Andritsch
Tips for a healthy life style	Role playing	F. Hoving-Porte
Psyco-oncologist comment		E. Andritsch
How to understand different treatment	Role playing	V. Skinner
Psyco-oncologist comment		E. Andritsch
How to answer to difficult questions	Standard presentation	E. Andritsch

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#### EXPERTS

Elisabeth Andritsch, Austria Cynthia Aristei, Italy Carmen Criscitiello, Italy Giuseppe Curigliano, Italy Maria Die Trill, Spain Vittorio Guardamagna, Italy Feia Hoving-Porte, The Netherlands Loretta Mazzega Sbovata, Italy Gabriella Pravettoni, Italy Isabel Rubio, Spain Francesco Sardanelli, Italy Victoria Skinner, The Netherlands Beatrice Taurelli Salimbeni, Italy Dario Trapani, Italy Paola Zagami, Italy Kathinka van Vliet, The Netherlands







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