



# COMMUNICATION SKILLS IN BREAST CANCER

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EUSOMA EDUCATIONAL PROJECT FOR BREAST CANCER SPECIALISTS





### **Communication skills in Breast Cancer**

The Eusoma 2020 Breast Centre requirements stated "Healthcare Professionals who deal with cancer patients and their families are recommended to have training in and knowledge about communication skills".

Communications skills have to be an essential part of the training of Health Professionals dealing with breast cancer, as good communications skills can bring benefits both to patients' satisfaction and wellbeing of specialists.

This first Eusoma educational programme aims at helping Health Professionals to improve their communications methods and the interaction with the patients in the main steps of the patient pathway within the Breast Centre

#### TYPE OF SESSIONS:

STANDARD PRESENTATION: expert presentation on a specific topic

ROLE PLAYING: simulation of a patient-doctor conversation followed by psyco-oncologist comment

ROUND TABLE: open discussion among experts









#### **GENERAL ASPECTS**

Communication methods, tools and new technologies

Standard presentation

Guidance on how to communicate diagnosis, recurrence and prognosis

Standard presentation

How to interact with family members/significant other

Standard presentation

How to deal with patient emotions

Standard presentation

Communication is also related to whom you communicate: cultural and social differences among countries

Standard presentation

M. Die Trill

M. Die Trill

M. Die Trill

M. Die Trill

G. Pravettoni

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## **DIAGNOSIS**

Communication methods, tools and new technologies	Standard presentation	E. Andritsch
Breast density-based risk stratification: a) Increased risk of breast cancer b) Increased risk of delayed diagnosis	Standard presentation	F. Sardanelli
Need of additional imaging (ultrasound, DBT, MRI, CEM) ± core needle biopsy in the screening or clinical scenario	Standard presentation	F. Sardanelli
Result of needle biopsy	Standard presentation	F. Sardanelli
Communicating with the patient:		
a) B3 lesion (the uncertainty dilemma)  Psyco-oncologist comment	Role playing	F. Sardanelli E. Andritsch
b) Cancer: DCIS  Psyco-oncologist comment	Role playing	F. Sardanelli E. Andritsch
c) Cancer: invasive Psyco-oncologist comment	Role playing	F. Sardanelli E. Andritsch

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#### **SURGERY**

Communication methods, tools and new technologies

Standard presentation

Diagnosis and surgical options

Standard presentation

Communicating with the patient:

a) Benign

Role playing

Psyco-oncologist comment

b) B3 with/without atypia (the uncertainty dilemma)

Role playing

Psyco-oncologist comment

c) Cancer

Role playing

Psyco-oncologist comment

De-escalation surgical treatments

Standard presentation

Risk of loco-regional recurrence

Standard presentation

M. Die Trill

I. Rubio

l. Rubio M. Die Trill

I. Rubio M. Die Trill

l. Rubio M. Die Trill

I. Rubio

I. Rubio

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#### MEDICAL ONCOLOGY AND END OF LIFE

Communication methods, tools and new Standard technologies presentation About early breast cancer treatment Standard presentation Early breast cancer Role playing Psyco-oncologist comment G. Pravettoni Precision medicine and genomic testing Standard presentation C. Criscitiello Metastatic disease and further treatments Standard presentation Metastatic disease Role playing Psyco-oncologist comment Disease progression Standard presentation End of life stage Round table What to expect after the end of treatment Standard (how to expect to feel both emotionally and presentation physically)

G. Pravettoni

C. Criscitiello

B. Taurelli Salimbeni P. Zagami

D. Trapani

B. Taurelli Salimbeni P. Zagami

G. Pravettoni

D. Trapani

G. Curigliano G. Pravettoni V. Guardamagna

> D. Trapani G. Pravettoni

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### **RADIATION ONCOLOGY**

Communication methods, tools and new technologies

Standard presentation

Side effects of radiation therapy

Standard presentation

Breast irradiation and organs at risk

Standard presentation

Breast irradiation and organs at risk

Role playing

Psyco-oncologist comment

E. Andritsch

C. Aristei

C. Aristei

C. Aristei

E. Andritsch







#### **BREAST CANCER NURSE**

Communication methods, tools and new Standard technologies presentation How to support patient receiving Standard communication of breast cancer presentation How to cope with distress: the role of the nurse Standard presentation Communicating with the patient: How to cope with distress Role playing Psyco-oncologist comment Tips for a healthy life style Role playing Psyco-oncologist comment How to understand different treatment Role playing Psyco-oncologist comment How to answer to difficult questions Standard presentation

G. Pravettoni

L. Mazzega Sbovata

E. Andritsch

F. Hoving-Porte

E. Andritsch

F. Hoving-Porte

E. Andritsch

V. Skinner-K. Van

Vliet

E. Andritsch

E. Andritsch

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#### **EXPERTS**

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